



## Tips For Preventing A Head Lice Outbreak

By Lauren Wilsman on August 20, 2013

The Back To School season is here in a big way. While you're preparing your children for the transition from summer vacation to the new school year, don't forget that school supplies and healthy snacks aren't the only thing you need to worry about.



Back To School season is also a time to focus on bolstering your child's immune system and reminding them of personal safety and hygiene best practices. For instance, **Head Lice** is a serious issue during the school year and these simple tips can help prevent or minimize the scope of a *head lice* outbreak at your child's school.

Parents need not fear the dreadful note home from school announcing an outbreak of head lice anymore. With a little bit of prevention, parents can avoid a full blown lice outbreak.

A recent survey by **Fairy Tales Hair Care** found that while 93% of parents teach their children the basic prevention tips such as not sharing hats, helmets, brushes and combs, only 56% of parents do a weekly head check.

Studies have shown that a pro-active check for lice and their eggs in "hot spots" can help to minimize a lice outbreak. Lice lay eggs (nits) in warm, moist areas around the head. These include behind ears, nape of the neck and at the part lines. By checking these areas with a metal comb designed to remove nits, parents can stay ahead of an outbreak. Lice expert and founder of Fairy Tales Hair Care Risa Barash, recommends the Fairy Tales Terminator Comb as the stainless steel, micro-grooved teeth are gentle on the scalp and catch the smallest of nits.

To assist parents, Fairy Tales Hair Care, makers of the bestselling Rosemary Repel lice prevention products, created a short video showing where to look, how to spot a louse or a nit and easy tips to learn the best method for combing during an outbreak. This video and additional tips on lice prevention and removal using chemical free products such as Rosemary Repel and Lice Good-Bye, visit [www.fairytaleshaicare.com](http://www.fairytaleshaicare.com) and join the conversation at [www.facebook.com/FairyTaleshaicare](https://www.facebook.com/FairyTaleshaicare) and on twitter [@fairytaleshaicare](https://twitter.com/fairytaleshaicare).

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