# SUMMER ESSENTIALS FOR KIDS

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Summer is quick approaching, and with vacations and less rigorous schedules it is a special time for our kids. During that time, we also have to stay protected and safe from the sun during all of our travels. Here are some of my favorite essentials for the kids:



Hair Care for Summer

*For the Hair:*

My daughters have two different hair textures – one has wavy/straight hair and the other has really curly hair but they both HATE having their hair brushed. A daily battle that drives me batty has given us all some relief after using the Detangling and Conditioning Spray from **Tangled Tantrum**. **Featuring fun art on the bottle, the spray is made with various botanicals (wheat amino acids strengthen, while aloe and chamomile) that helps repair unruly ends – leaving hair smooth, and even brushable! It also adds some va va voom body and helps maintain a healthy scalp to your little ones head while also adding conditioning and adding shine.** I even use this after a show as it gently conditions the hair leaves it shiny. Another bonus of the line is that is it is paraben and alcohol-free – so you don't have to worry about any yucky chemicals. We also love line of hair care products from The **Fairy Tales Hair Care Sun & Swim** collection that helps with hair dry and brittle hair that are often causes by overexposure in the sun, pool and beach water. **We love the Lifeguard Clarifying Shampoo gently removes chlorine, sea salt and unwanted minerals from the hair. It is infused with orange flower extract, grapefruit and lemon that cleans, softens and hydrates hair**. They also have a Lemon-Aid Conditioner that deep conditions even the most sun damaged hair. Loaded with aloe, jojoba and vitamins E & B, it detangles while restoring hair's natural moisture and shine. Featuring paraben-, sulfate-, nut-, dairy- and gluten-free – making them safe for everyday use before, during and after summer.

http://www.momtrends.com/2013/06/summer-essentials-for-kids/